## Claims

## [c1] What is claimed is:

A capsule connected through a container wall that contains a substance to be subsequently dispensed into a container comprising:

a container for liquids having a container wall; a capsule body that is impervious to liquid connected through said container wall;

said capsule body, including a first member and a second member, said second member moveable mountable in said first member;

said capsule first member body having a top opening and a sealed closed bottom with lines of weakening and a vertical plunger tube connected thereto;

said second member having a sealed closed top and an open bottom forming a plunger; and

said first and second members in a first mode are sealed together forming said capsule body preventing any liquid or dry material from escaping from the capsule body; and

said second member sized in length to engage said plunger tube when depressed to displace material in said capsule.

- [c2] A capsule as in claim 1, wherein:
  said first member is cylindrical and said second member
  is cylindrical; and
  the inside diameter of said first member being larger
  than the outside diameter of the said second member.
- [c3] A capsule as in claim 2, wherein: said first member side cylindrical wall and said sealed bottom having a joined area of weakened material around its periphery, for rupture by said second member engaging said plunger tube.
- [c4] A capsule as in claim 2, wherein: said first member inside wall has a sealing means that engages said second member.
- [05] A capsule as in claim 1, wherein: said second member having a removeable area to form an aperture for inserting a straw.
- [c6] A capsule as in claim 1, including: a capsule body having a first member that is integrally molded as part of the container with the container wall.
- [c7] A capsule as in claim 6, wherein: the first member capsule body is integrally molded and protruding outwardly from said container wall.

- [08] A capsule as in claim 1, wherein: said container is tubularly shaped and is made from a squeezable material.
- [c9] A capsule as in claim 1, wherein: said container is shaped like a conventional milk container.
- [c10] A capsule as in claim 1, wherein: said container is a baby bottle.